

Town of Mashpee Mashpee Recreation Department

Summer 2013



WHAT'S INSIDE....

- > YOUTH PROGRAMS - MAGIC, DRAMA, TENNIS, SWIM LESSONS, ARTS & CRAFTS, SUMMER CAMP, JUNIOR ENGINEERING , KAYAK/S.U.P., WAKESPORTS AND MUCH MORE!
- > ADULT PROGRAMS - TENNIS, GOLF, S.U.P., WAKESPORTS & PIANO
- > SPECIAL EVENTS - SUPER SWIM, FIREWORKS, 5K ROAD RACE, OLYMPIC TRIATHALON & OKTOBERFEST



Join the fun!!!

ADDRESS: 16 Great Neck Rd. North
Mashpee, MA 02649

PHONE: (508) 539-1416

FAX: (508) 539-1142

EMAIL: recreation@mashpeema.gov

WEB ADDRESS: www.mashpeerec.com

Mashpee Recreation Department
16 Great Neck Rd. North
Mashpee, MA 02649

GENERAL INFORMATION

Recreation Department Staff Directory

Gus Frederick, Director, gfrederick@mashpeema.gov
 Heidi McLaughlin, Program Supervisor, hmclaughlin@mashpeema.gov
 Peggy Geary, Child Care Coordinator, pgeary@mashpeema.gov
 Jean Young, Office Manager, jyoung@mashpeema.gov
 Maureen Cook, Administrative Clerk, mcook@mashpeema.gov
 Lisa Cusick, Administrative Clerk (childcare center), lcusick@mashpeema.gov
 Christine Willander, Building Use Scheduler, lsmhs@mashpee.k12.ma.us

Helpful Phone Numbers

Kids Klub Childcare Center - (508) 539-9819 or (508) 539-9361
 Mashpee Rec Extended Day Program (AM & PM @ KCC) - (774) 836-0627
 Mashpee Rec Extended Day Program (QVS) - (774) 836-0642
 Mashpee Chamber of Commerce—(508) 477-0792
 Mashpee Senior Center - (508) 539-1440
 Mashpee Department of Public Works - (508) 539-1420
 Building Use Scheduler @ MHS - (508) 539-3600 ext. 1344

YOUTH SPORTS ORGANIZATIONS

Mashpee Youth Soccer (MYSO), Brian McGovern, President

Email - president@mashpeeyouthsoccer.org
 Address - PO Box 266, Mashpee
 Web Address: www.mashpeeyouthsoccer.org



Mashpee Youth Baseball/Softball, Phil Maseda, President

PO Box 1286, Mashpee
 Web Address: www.eteamz.com/mashpeelittleleague



Mashpee Jr. Babe Baseball Program, David Williams

Email: dbaseball26@aol.com



Mashpee Pop Warner, Leon Pinnsonneault, President

Email - falcon@mashpeepopwarner.com
 Address - PO Box 530, Mashpee
 Web Address - www.mashpeepopwarnerfootball.com



Mashpee Youth Lacrosse, Todd Franks, President

Address - PO Box 1591, Mashpee
 Web Address - www.mashpeeyouthlacrosse.org

Mashpee Recreation Registration Form (One Person Per Form)

Name of Participant: _____ Email: _____

Phone: _____ Mobile: _____

Address: _____ Town: _____

DOB: _____ Age: _____ Grade: _____ Gender: _____

In case of an emergency, please notify:

Name: _____ Phone: _____

Medical Conditions/Allergies: _____

PROGRAM NAME / CODE / SES #:	FEE	START DATE
_____	_____	_____
_____	_____	_____

MC/VISA # _____ Exp ____ / ____

3-digit code: _____

Make checks payable to “Town of Mashpee” and mail to: Town of Mashpee
 Mashpee Recreation, 16 Great Neck Road North, Mashpee, MA 02649.

HOLD HARMLESS CLAUSE: I, the undersigned parent/guardian or participant, do hereby consent to my/their participation in voluntary athletic, recreation, or community education programs of the Town/City, or Public School of Mashpee.

I also agree to forever release the Town/City of Mashpee, the School Committee, and all their employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic, recreation, or community education programs of the Town/City or Public Schools (“the Releases”) from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to my child or property damage resulting from my child’s participation in the Town or Public School of Mashpee voluntary athletic, recreation, or community education programs.

I also promise, to indemnify, defend, and hold harmless the Releases against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to my child or property damage resulting from my participation, or my child’s participation in the Town/City or Public School of Mashpee voluntary athletic, recreation, or community education programs.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my participation, or my child’s participation in these programs is voluntary and that my child and I are free to choose not to participate in said programs. By signing this form, I affirm that I have decided to allow my participation, or my child’s participation in the Town/City or Public School’s athletic, recreation, or community education programs with full knowledge that the Releases will not be liable to anyone for personal injuries and property damage my child or I may suffer in voluntary Town/City or Public School athletic, recreation, or community education programs.

Print Name: _____ Date: _____

Signature: _____

**Mashpee Recreation Registration Form
(One Person Per Form)**

Name of Participant: _____ Email: _____

Phone: _____ Mobile: _____

Address: _____ Town: _____

DOB: _____ Age: _____ Grade: _____ Gender: _____

In case of an emergency, please notify:

Name: _____ Phone: _____

Medical Conditions/Allergies: _____

PROGRAM NAME / CODE / SES #:	FEE	START DATE
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Print Name: _____ Date: _____

Signature: _____

How to Register for Programs

- 1) **ONLINE** by logging onto the recreation website at www.mashpeerec.com. When you register online you must pay using MC or Visa. You will receive an email confirmation when you register online.
- 2) **MAIL** your registration by using the form on the back page of this booklet. Please enclose payment or credit card information and mail it to Mashpee Recreation, 16 Great Neck Rd. North, Mashpee, MA 02649. If paying by check, please make check payable to "Town of Mashpee".
- 3) **FAX** all your registration information including your credit card information to (508) 539-1142 (please write Recreation Dept. on the cover sheet)
- 4) **IN PERSON** by going to the Mashpee Town Hall located at 16 Great Neck Rd. North. Registrations are on a first-come, first-serve basis. Office hours for Mashpee Recreation are Monday - Friday from 8:30 a.m. - 4:30 p.m.

You are officially enrolled when you receive the email confirmation. We do not send written confirmations, but we will contact you if there is any problem with your registration or changes that you should know about.

All program dates, times, and rates listed in this booklet are subject to change from time to time. Waiting lists are maintained for many programs. Register early as some programs sell out quickly or if registrants procrastinate enrollment this can lead to cancellation of a class due to lack of enrollment. Mashpee Recreation reserves the right to cancel any program due to low enrollment.

For additional program and registration information check out our web page at www.mashpeerec.com or email us at recreation@mashpeema.gov.

Refund Policy

You may withdraw from a class up to 3 working days in advance of the starting date of that program and receive a refund minus a \$10 processing fee. **No refunds will be given after this date (3 working days prior to the program).** Refunds for a program paid for by cash or check take 3-4 weeks. Refunds for a program paid for by MasterCard or Visa take 7 - 14 days.

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SUMMER DAY CAMP

Our campers are grouped by age and activities are geared towards their interests, skills and developmental level, and weekly camp themes. Each session, all campers enjoy trips to the beach/pond trips 2-3 times per week, Thursday field trips and Friday camp cook-outs.

Kids Camp (6-8 years old)

- must have completed kindergarten
- ♦ Camp songs and games
- ♦ Arts and crafts
- ♦ Sports and water activities
- ♦ Nature hikes
- ♦ Movement specialist
- ♦ Visits to coast guard, fire/police stations

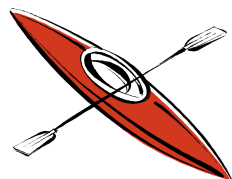
Mini-adventures include
 Miniature golf
 Polar Cave Ice cream
 Bowling
 Ice Skating



Adventure Camp (9-10 years old)

Explorers Camp (11-13 years old)

- ♦ Biking/Hiking
- ♦ Canoeing/Kayaking
- ♦ Archery/Rock Climbing
- ♦ Clamming/Fishing
- ♦ Ropes/Challenge Course
- ♦ Orienteering



Kids Klub Preschool 1/2 Day Camp (3 - 5 Year olds)

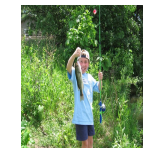
Our 1/2-day program held on Tuesday, Wednesday and Thursday mornings is designed to provide a fun, positive, and relaxed first camping experience for your child. From story-telling to water games, to arts & craft projects, and camp songs - your child will come away with a great head start on learning about camp! 100 per week plus a one time registration fee of \$25 and \$25 deposit per week. Call Mashpee Recreation for a separate application.

SPECIAL EVENTS 2013

Youth Fishing Derby

Saturday, June 1st @ 9:00 a.m. @ John's Pond

For kids ages 5 through 14 years of age. This is a chance for the young anglers to demonstrate their skills and have some fun. Prizes will be presented for the biggest catch in each age category. Children must be accompanied by an adult. Fishing from the beach area only, no waders or boats. Bring your own fishing rod and we'll provide the bait.



Mashpee Recreation hosts USTA "Play Days"

Tennis Festival for Adults & Children!

Saturday, June 1st from 1:00 - 4:00 pm (rain date June 15th) @ Mashpee High School. This local, rally-based event is designed for participants to experience tennis in a fun, exciting, non-threatening atmosphere. All ages and levels are welcome to attend. If you've always wanted to try tennis but haven't for whatever reason come on out and play!!

24th Annual Mashpee Super Swim

Saturday, June 29th @ 9:00 a.m. @ John's Pond Town Beach

Measured 1/2 mile, 1 mile and 3.1 mile open water swim. Lunch will be provided after the swim. Register online @ www.mashpeerec.com



Family Picnic and Fireworks

Monday, July 1st @ 5:00 p.m., Mashpee H.S. (Rain Date - July 2nd)

Join us for a fun filled night for the family! We will have live music, K-9 dog show, moonbounce, obstacle course, train rides, face painting and a fabulous display of fireworks at dark! Bring your own picnic dinner or carnival-type food will be available for purchase.

Rhiannon McCuish 5K Woodland Run

Saturday, July 20th @ 10:00 a.m. sharp @ Heritage Park



3.1 mile loop beginning and ending at Heritage Park. Race will begin at the park and travel through the woodlands and back to the park. Register ahead of time by filling out form in the back of this booklet or register the day of at Heritage Park from 8:30 - 9:30 a.m. Fee is \$25 or \$30 morning of race. Cookout to follow at Heritage Park for runners and families. All proceeds go towards supporting town youth programs.

Cape Cod Hero Triathlon

Sunday, September 8th @ 8:30 a.m. @ John's Pond Town Beach

The Cape Cod Hero Triathlon is the only Olympic distance event on Cape Cod and one of the last scheduled Olympic distance events on the 2013 race calendar in the Northeast. The course offers exclusive access to the Massachusetts Military Reservation (aka Otis Air Force Base/Camp Edwards). Athletes will feel the inspiration throughout the entire race as they compete aside men and women in uniform. Distances: .9 mile swim, 25 mile bike & 6.1 mile run. Parking will be at the Barnstable County Fairgrounds. To register go to: www.imathlete.com

HIGH SCHOOL & ADULT TENNIS & PIANO

Instructor: Kathryn Olson, USPTA Professional 1
(certified teaching professional)



Beginner / Advanced Beginner - HS/Adult

Lessons will include intense instruction on volley, forehand, backhand, and serving techniques. Participants will also learn how to score and play in a singles and doubles match.

Code	Day(s)	Time(s)	Date(s)
EE	W	5:45 - 6:45pm	June 26, July 3, 10 & 17
ED	W	5:45 - 6:45pm	Aug 7, 14, 21 & 28

Fee: \$59

Intermediate / Advanced - HS/Adult

Lessons will utilize live point drills, nuances of the game (changing direction of the ball, spins, grips, varied serves & placements) as well as establishing their game style and preparing match strategy.

Code	Day(s)	Time(s)	Date(s)
FF	W	6:50 - 7:50pm	June 26, July 3, 10 & 17
FG	W	6:50 - 7:50pm	Aug 7, 14, 21 & 28

Fee: \$59

Saturday High School / Adult Round Robin

First hour will be skills development and each week a 'stroke of the week' on which to focus. Second hour will be match play.

Code	Day(s)	Time(s)	Date(s)
GG	Sat	8:00 - 10:00am	June 29, July 6, 13 & 20
GH	Sat	8:00 - 10:00am	Aug 3, 10, 17 & 24

Fee: \$79

Location: Quashnet Valley School Courts, 150 Old Barnstable Rd.

Piano Lessons for Adults and Seniors (private lessons)

Especially for adults, playing piano can bring a deep sense of purpose and fulfillment to everyday life. Whether you are an absolute beginner or returning to the piano, our method offers a carefully sequenced, proven approach for the adult learner. Weekly lessons will be presented at Melissa Harris' private studio, conveniently located near the intersection of Exit 2 and Route 130 in Sandwich. Melissa specializes in adult music education and directs a full-time private studio devoted exclusively to adult music education. For more information, please visit melissaharrispianstudio.com.

Instructor: Melissa Harris, 14 Cardinal Rd, Sandwich, MA 02563

Tuition: \$235 (six weeks, 45 minute private lessons) **Phone:** 508-888-6140

Dates: Tuesdays (July 2, 9, 16, 23, 30 & Aug 6) or Wednesdays (July 3, 10, 17, 24, 31 & Aug 7)

(Call to 508-888-6140 to schedule a weekly appointment time -- same time each week.) **Makeup Lessons:** Your weekly lesson time is reserved especially for you! This time cannot be rescheduled so please be sure to attend your lessons. There are no refunds or make-ups for missed lessons.

Classes held at Melissa Harris Piano Studio in Sandwich.



Kids Camp, Adventure Camp & Explorers Camp 2013 Weekly Camp Themes

(1 Week Sessions)

Week 1:	Shark Week	July 1 - 5 (no camp 7/4)
Week 2:	Into the Wild	July 8 - 12
Week 3:	World of Sports	July 15 - 19
Week 4:	Wet 'n Wild	July 22 - 26
Week 5:	Pirate Week	July 19 - August 2
Week 6:	Around the World	August 5 - 9
Week 7:	Wacky Week	August 12 - 16



Fee: \$160/week. A \$25 non-refundable deposit is required for each session and applied towards the balance, plus a one-time \$35 registration fee. Extended day hours are available for \$5 per a.m. and p.m. session.

Separate camp registration must be filled out, download an application at www.mashpeerec.com

Kids Klub Preschool Camp

(3 - 5 year olds)

We offer a half-day program held three times per week. Each week offers a new theme to peak your child's interest. Our goal is to provide a positive, fun, and relaxed first camping experience to your preschooler. We offer arts & crafts story telling, children's songs and finger plays, indoor games and activities, sprinkler time as well as outdoor play in our playground.

Session Dates for Preschool Camp

Session 1:	Beach Week	July 9 - 11
Session 2:	World of Bugs	July 16 - 18
Session 3:	Pirates Week	July 23 - 25
Session 4:	Around the World	July 30 - August 1
Session 5:	Transportation Week	August 6 - 8
Session 6:	Carnival Week	August 13 - 15

Fee: \$100/ session & a one time \$25 registration fee

Deposit: \$25 per session (Deposit will be subtracted from balance)

Days & Times: T / W / Th, 9:00 am - 1:00 pm

AMERICAN RED CROSS SWIM LESSONS LEARN TO SWIM

**For children ages 2 through 14.
Each lesson is 30 minutes in length.**

Mondays & Wednesdays - July 8, 10, 15, 17, 22 & 24 (Held at John's Pond)

Code	Level	Age	Times
AA	Level 1	2 & 3 y.o. w/ parent	9:40 - 10:10
AB	Level 1	4 & up	10:20 - 10:50
AC	Level 2	4 & up	11:00 - 11:30
AD	Level 3	4 & up	11:40 - 12:10
AE	Level 4	4 & up	1:10 - 1:40
AF	Level 5	4 & up	1:50 - 2:20
AG	Level 2	4 & up	2:30 - 3:00

Tuesdays & Thursdays - July 9, 11, 16, 18, 23 & 25 (Held at Attaquin Park)

Code	Level	Age	Times
BA	Level 1	4 & up	9:30 - 10:00
BB	Level 2	4 & up	10:15 - 10:45
BC	Level 3	4 & up	11:00 - 11:30
BD	Level 4	4 & up	11:45 - 12:15

Saturday Classes - July 6, 13, 20, 27, Aug 3 & 10 (Held at John's Pond)

Code	Level	Age	Times
CA	Level 1	2 & 3 yo w/ parent & 4 & up w/out parent	9:15 - 9:45
CB	Level 2	4 & up	10:00 - 10:30
CC	Level 3	4 & up	10:45 - 11:15
CD	Level 4	4 & up	11:30 - 12:00

Mondays & Wednesdays - July 29, 31, Aug.5, 7, 12, & 14 (Held at Attaquin Park)

Code	Level	Age	Times
DA	Level 1	4 & up	9:15 - 9:45
DB	Level 2	4 & up	10:00 - 10:30
DC	Level 3	4 & up	10:45 - 11:15
DD	Level 4	4 & up	11:30 - 12:00

Tuesdays & Thursdays - July 30, Aug. 1, 6, 8, 13 & 15 (Held at John's Pond)

Code	Level	Age	Times
EA	Level 1	4 & up	10:00 - 10:30
EB	Level 2	4 & up	10:45 - 11:15
EC	Level 3	4 & up	11:30 - 12:00
ED	Level 4	4 & up	12:45 - 1:15
EE	Level 6	4 & up	1:30 - 2:00

Fee: \$45

Length: (Six), 30 minute lessons.

Taught by certified Water Safety Instructors.



WET and WILD WAKESPORTS

For youth ages 8 to 88. Cape Cod Wakesports offers the ultimate watersports experience. Surf an endless wave behind our state of the art custom wakeboat, with wave shaping enhancements to help shred on our "PAVED WAVE". Try wakeboarding-a skateboard like approach to the water where you set your own limits, on a custom tuned wake for all abilities. Still another all time favorite is waterskiing, the sport that started it all remains a favorite. We offer both traditional pair skis and the challenging slalom on a single ski. Being that wakesports are for all to enjoy, we offer "towables" such as tubing-the funnest friendliest miles of smiles event on the water. All instruction is taught by a professional Captain, with decades of experience. You can choose one or all of our wakesports!

Note: Bring a towel, sweatshirt, snack and your IPOD, because you control the music, and use our GO-PRO HD video camera to record your event and upload to your Facebook page or YouTube. Come out on an all ages wakesport experience you will not forget. A separate waiver is required.

Rates	1 to 2 riders	1 hr	\$155
	3 riders	1.5 hrs	\$210
	4 riders	2 hrs	\$275
	5 riders	3 hrs	\$325
	boat max 7/8 riders	4 hrs	\$500



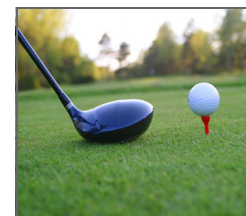
Captain: Carl C. Carlson, Professional Captain 100 tons Master USCG, Lifeguard, CPR and First Aid Certified

Phone: (617) 932-1055 - call Capt. Carl to schedule your wakesport session
Wakesport activities held at Mashpee/Wakeby Lake & John's Pond

Beginner Golf Lessons for Women

This course will get the beginner/novice right into the "swing" of the game. We'll cover everything you need to know - Full Swing Concept, Chipping, and Putting. Instruction will include aim, alignment, club selection, full swing, grip, and practice management.

Day(s)	Time(s)	Date(s)
M	6:00 - 7:00 p.m.	Jun 3 - 24
M	6:30 - 7:30 p.m.	Jul 8 - 29
Fee: \$99	Length: 4 lessons	Note: Clubs are provided
Location: Quashnet Valley Country Club		Min/Max: 3/6
Instructor: Kevan Evangelista, PGA		



YOUTH WATER SPORT ADVENTURES!

S.U.P. Saturdays

For adults and youth ages 12 and up.

Kick off your weekend on the water and get SUP'n! Bring a friend or the whole family! MOCEAN will introduce you to the fastest growing sport on the water with expert instruction. With a thorough, yet enjoyable approach, you will soon be on the water and embarking on new adventures! We will cover the different kinds of equipment, safety on and off the water, and etiquette. We will discuss proper paddling techniques to achieve an amazing FULL BODY workout while enjoying yourself. Skip the gym on Saturdays and sign up for this adventure. MOCEAN has successfully taught hundreds of individuals to SUP in local ponds, estuaries, and the ocean. Wetsuits will be provided as weather dictates. Booties are highly recommended (especially for the earlier classes) and are available at MOCEAN. This class will qualify you for future equipment rentals from MOCEAN! A separate waiver will be required.

Note: Participants should be good swimmers in open water.

Session #	Day(s)	Time	Date(s)
1	Sat	8:30 - 10:00am	May 4
2	Sat	8:30 - 10:00am	May 18
3	Sat	8:30 - 10:00am	June 1
4	Sat	8:30 - 10:00am	June 8
Fee: \$39	Location: Great River Boat Ramp		Min/Max: 6/10

Instructors: Ryan Hewson and/or Kelly Garrett: ambassadors of aloha at MOCEAN.

Monday SUP'n Funday

For adults and youth ages 12 and up.

MOCEAN presents a great introductory Stand Up Paddling class to help extend your weekend! This beginner/intermediate course will get you on the water and on your way with safety and etiquette in mind. We will discuss equipment, paddling technique and safety before hitting the water and exploring the salty shores of Mashpee. While on the water we will build on the fundamentals and offer techniques to help improve balance, work your core, or just safely enjoy the view. You will enjoy the instruction from our Ambassadors of Aloha as we strive to get you comfortable and confident on the water. This class qualifies attendees for future equipment rentals from MOCEAN. Booties/water shoes, sunscreen and a SPF shirt are recommended. A separate waiver will be required.

Note: Participants should be good swimmers in open water

Session #	Day(s)	Time	Date(s)
1	M	9:00 - 10:30am	July 8
2	M	9:00 - 10:30am	July 15
3	M	9:00 - 10:30am	July 22
Fee: \$39	Location: Great River Boat Ramp		Min/Max: 6/10

Instructors: Ryan Hewson and/or Kelly Garrett: ambassadors of aloha at MOCEAN.



We will be using the **American Red Cross Learn-To-Swim Program**. This will help your child become a better and more proficient swimmer. It is designed to give swimmers of all ages and abilities water safety skills as well as being a positive learning experience. Learn-to-swim teaches aquatic and safety skills in a logical progression.

Levels and skills are categorized in the following ways:

Level 1 - Introduction to Water Skills - helps swimmers feel comfortable in the water, and enjoy water safety. Swimmers will learn new skills while being supported by instructor, such as: submerge mouth, nose and ears; open eyes underwater; show comfort in maintaining a front float position; recover from a float to a standing position; explore arm and hand movements while treading; swim on front using any combination of arm and leg actions. Younger children (ages 2 & 3) must be accompanied by a parent.

Level 2 - Fundamental Aquatic Skills - provides swimmers with opportunities for success. Swimmers will learn to submerge entire head, blow bubbles, pick up a submerged object in shallow water; show comfort in a non-supported front float and front glide; roll from front to back; tread water; swim on front for 15 feet using any combination of arm and leg motions; swim on side.

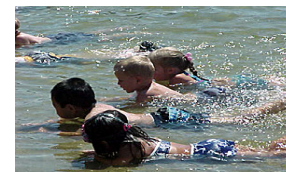
Level 3 - Stroke Development - builds on the skills of Level 2. Jump into deep water; demonstrate head-first dive from sitting or kneeling position; front and back glide with kick; tread in deep water; demonstrate front crawl w/ rhythmic breathing, back stroke, and butterfly.

Level 4 - Stroke Improvement - to build on performance of strokes. Demonstrate front dive; swim underwater 3 body lengths; survival stroke; feet first dive and submerge; front & back crawl, butterfly, breaststroke; throwing assists.

Level 5 - Stroke Refinement - provides further coordination and refinement of strokes.

Level 6 - Swimming and Skill Proficiency - refines the strokes so participants swim with ease, efficiency, power and smoothness over greater distances.

IMPORTANT - Admittance into next level requires successful completion and certification of previous level. If your child took lessons w/ us last summer or this winter/spring, your instructor should have indicated what level is appropriate for your child on their swimming lesson report card. If your child has not taken lessons w/ us please read the skills listed. Your child must demonstrate all of the skills listed in a particular level before moving on to the next level.



YOUTH ACTIVITIES

America's Champs Instructional Tee Ball Program

For Boys and Girls Ages 3 - 5. Each child will have their own tee ball stand with a bucket of balls. We will teach the basic fundamentals of hitting, throwing, catching, hand and eye drills, how to run the bases, positions and game play. Get ready for some baseball fun. **Sneakers, glove and water bottle are required.**

Ages	Days	Time	Date
3 - 5	T	4:00 - 5:00pm	May 7 - Jun 4
Fee: \$85	Location: Heritage Park Ball Fields		Length: 5 sessions
Coach: Kevin Burns, Director, America's Champs Youth Sports			
Min/Max: 8/12			

Jr. Firefighters

For boys and girls ages 3 - 6. Come to the place where our hometown heroes spend their time. In this program children will tour the fire station. Come see where the Firefighters eat, sleep and work. See what they dress in, how an ambulance works, see the brush truck and the fire engine. Finally, to end the tour you'll be able to squirt a real fire hose!

Note: Parents must accompany children during the class.

Session #	Day	Time	Date
1	W	10:00 - 11:00am	Jul 10
2	Th	10:00 - 11:00am	Aug 1
Fee: \$10	Location: Mashpee Fire Dept., 20 Frank Hicks Drive		
Instructor: Mashpee FD Staff			
Min/Max: 3/10			



Horseback Riding School



For ages 5 and up. Maushop Equestrian Center will provide a fun and educational riding school that provides children the unique opportunity to participate in this equestrian activity. This course will teach the basics of horsemanship and all levels of riders are welcome. We'll tailor the instruction to your ability. English and Western saddle instruction. Safety equipment is furnished, just sign up for a fun filled time. Three day or four day programs are available.

We'll tailor the instruction to your ability. English and Western saddle instruction. Safety equipment is furnished, just sign up for a fun filled time. Three day or four day programs are available.

Session #	Day(s)	Time(s)	Date(s)
1	T/W/Th/F or T/W/Th	9:00 - noon	June 25 - 28
2	T/W/Th/F or T/W/Th (open 7/4)	9:00 - noon	July 2 - 5
3	T/W/Th/F or T/W/Th	9:00 - noon	July 9 - 12
4	T/W/Th/F or T/W/Th	9:00 - noon	July 16 - 19
5	T/W/Th/F or T/W/Th	9:00 - noon	July 23 - 26
6	T/W/Th/F or T/W/Th	9:00 - noon	Aug 6 - 9
7	T/W/Th/F or T/W/Th	9:00 - noon	Aug 13 - 16
8	T/W/Th/F or T/W/Th	9:00 - noon	Aug 20 - 23
9	T/W/Th/F or T/W/Th	9:00 - noon	Aug 27 - 30

Fee: \$200 (4-day program, T-F) or \$155 (3-day program, T/W/Th)

All sessions include daily snack.

Location: Maushop Equestrian Center @ Cape Cod Farm & Forge
31 Quashnet Road, Mashpee

Instructor: Ms. Robin Blakeman and Staff Questions call: 508-477-1303

YOUTH KAYAK & S.U.P.

Spring into S.U.P.: Afterschool Introduction to Stand Up Paddling

For boys and girls 12-16. MOCEAN presents an exciting introductory SUP program tailored for beginners. Dudes and Wahines alike will learn the fundamental skills required to safely enjoy their time on the water. Enjoyable instruction will cover equipment, safety and etiquette, and allow students to try different board lengths and shapes. We will discuss paddling techniques and an introduction to SUP racing. Wetsuits will be provided. Booties are highly recommended and available at MOCEAN. A separate waiver will be required.

Note: Participants should be good swimmers in open water.

Sessions will meet 3 consecutive Mondays, Tuesdays or Wednesdays. 3pm-4:30pm

Session #	Day	Time	Date
1	M	3:30 - 5:00pm	May 6, 13 & 20
2	T	3:30 - 5:00pm	May 7, 14 & 21
3	W	3:30 - 5:00pm	May 8, 15 & 22

Fee: \$79 Location: Attaquin Park Beach (Mashpee/Wakeby, Lake Ave)
Instructors: Ryan Hewson and/or Kelly Garrett: ambassadors of aloha at MOCEAN.
Min/Max: 6/10

Youth Kayak & Stand up Paddleboarding (S.U.P.)

For boys and girls ages 8 - 14. RideAway Kayak & S.U.P. offers a very active and beginner friendly experience for their students. Paddleboarding is a new sport sweeping the East Coast and RideAway has been offering lessons and clinics for the last four years. RideAway introduces necessary skills and information to those who have never worked with Kayaks or Stand Up Paddle Boards, but also develops more advanced techniques and skills with those that have some experience with either activity. Outside of the key fundamentals and body mechanics for each sport, we incorporate different competitions, group activities, and information about Cape Cod's wild life and preservation information. RideAway Kayak & S.U.P.'s goal is to create an active, welcoming and informational environment for students to experience the beauty of nature and the joy of an active lifestyle.



Session #	Days	Time	Date
1	M/T/W/Th	1:00 - 4:00pm	July 8, 9, 10 & 11
2	M/T/W/Th	1:00 - 4:00pm	July 15, 16, 17 & 18
3	M/T/W/Th	1:00 - 4:00pm	Aug. 5, 6, 7 & 8

Note: Friday will be used as a make-up day for inclement weather

Fee: \$125 Location: Ryder Woods Conservation (Mashpee/Wakeby)
(off of South Sandwich Rd. in Sandwich)

(Please bring your registration receipt, this will allow you entrance to Ryder Woods, as Sandwich resident stickers are required for this beach)

Instructors: Mike Morrison, owner RideAway Kayak & S.U.P. Min/Max: 6/12

BABYSITTING & DRIVER'S EDUCATION

Baby Sitter's Course

For Ages 11+. This 4-H certified course provides the new or veteran sitter with an up-to-date lecture series on this subject matter. We will refresh veteran sitters and provide the skills training for new sitters. Topics include responsibilities, fire prevention, home safety, first aid, entertainment, nutrition, and much more. Class participation is essential and assignments, quizzes, and exams are a major factor in successful completion of this course. Please bring lunch on Tuesday and a snack both days. You'll also need to bring a writing utensil.

Note: ** Students who will turn 11 by the last session are eligible to take the class as well!

Tuesday, July 9th 8:30am - 2:00pm & Wednesday, July 10th 8:30am - 12:30pm
 Fee: \$45 Location: Mashpee HS Length: 2 sessions
 Instructor: Nancy McDermott Min/Max: 10 / 20



Driver's Education

Fee includes classroom instruction and on the road driving time. Driving times are arranged and details are provided to students after enrollment. An additional fee of \$15 for Registry of Motor Vehicles Certificate processing will be due upon completion of road training.

Day(s)	Time	Date(s)	Length
M - F	2:30 - 5:30 pm	May 20 - 31	2 weeks
M - F	9:00 - 3:00 pm	July 8 - 12	1 week
M - F	9:00 - 3:00 pm	Aug 12 - 16	1 week

Fee: \$725 / student \$300 (Classroom only, does not include driving)

Pre-pay in full and receive a \$25 discount.

Required Materials: Notebook, Registry of Motor Vehicles Driving Manual and a Pen. Location: Mashpee H.S.
 Instructor: **Professional Driving School, Inc.**

***** Pre-registration required for all classes*****

To register call Professional Driving School at (508) 790-1234.

A deposit of \$300 must be paid to the driving school within five working days of registering. You will not be officially enrolled in the program until you have paid your deposit. If you cancel within five business days of the start of class, you will be charged a \$20 processing fee.



Summer Long Horseback Riding Workshop

For ages 5 and up.

Time(s)	Day(s)	Date(s)
9:00am - 12:00pm	Daily	Jun 26 - Aug. 30

Fee: \$55 per day

Contact and register directly with Maushop Equestrian Center @ Cape Cod Farm and Forge 508-477-1303

Note: No minimum number of days required. Call Maushop Equestrian Center for year-round riding lessons, private lessons, special groups, trail rides, pony rides and programs involving therapeutic, physically challenged or special requirement lessons. Also available for group birthday parties, year round riding workshops and lessons.

Discovery - presented by C.AP (Cultural Arts Program)

For boys and girls ages 6 - 16. This summer's program Discovery, is aimed at helping your child discover a love for the arts. The Cultural Arts Program is a non-competitive, youth empowerment program. CAP is thrilled to announce that this summer, we will also be offering media classes (photography, videography & music production) to children 12+. Discover your love for singing or dancing, yoga and salsa music, drumming or acting through CAP's Discovery Program. Back by popular demand are daily warm-ups with Wii's Just Dance, a perfect example of incorporating daily exercise with gaming. This year, we will be separating children into age groups for specialized and more focused classes. CAP is available to children 6-16. We have TWO performances this summer, with free awesome shows at the end of each week showcasing your child's gift on stage. Save \$20 off each week when you sign up for both weeks, includes 2 stage performances!!!



Things to know: Please send your child with lunch everyday and 2 snacks (**No Peanuts**). Children should wear comfortable clothing and sneakers (**No flip flops!**)

Day(s)	Time(s)	Date(s)
M - F	9:00 - 3:00pm	July 22 - 26
M - F	9:00 - 3:00pm	July 29 - Aug 2

Fee: \$150 per child per week or \$260 for both weeks Location: Mashpee HS
 Instructor: Courtney Leonard & staff Length: 5 days

Jump To It!

For boys and girls ages 8 - 13. Rope jumping classes for kids? YES! Kids *seem* to have an intrinsic ability to jump rope. The truth is that they practice for hours to learn the skills they know. With solid instruction and an environment focused on learning, kids can acquire new skills that will help them develop greater physical fitness, coordination, leadership skills and more. Just like baseball, soccer or track and field, rope jumping requires practice and instruction to really develop skills. You'll learn single jumping, tricks jumping, group jumping, group tricks and Double Dutch jumping! **Note: Please bring a bottle of water.**

Day(s)	Time(s)	Date(s)
T/Th	3:30 - 4:45pm	July 9, 11, 16 & 18

Fee: \$59 Location: Quashnet School, Basketball Court
 Instructor: Kate Naples



Let's Go Clamming!!

For youth ages 5 - 12. This is a fun filled class teaching students the different types of shellfish, how they grow and the techniques used for clamming. We will dig and rake for various shellfish. Kids can take home the treasures they find! Equipment will be provided. Includes a free shellfish gage & recipes!

Please wear water shoes, bring a snack, drink, towel & a bucket.

Session #	Day(s)	Time(s)	Date(s)
1	W	12:00 - 1:30pm	July 17
2	F	2:00 - 3:30pm	July 19
3	W	11:00am - 12:30pm	August 14

Fee: \$18 Length: 1 session Max: 10 children (parents welcome to stay)
 Location: Seconsett Island, Directions: Take Rte. 28, take a left at the Waquoit Cumberland Farms onto Meadow Neck Rd. (yellow blinking light), go straight see Island just after the bridge. Park on the left side after the bridge.
 Instructor: Christine Mone

"Kid Conjurers" (Basic Magic)

For boys and girls ages 8 to 11. The class will teach the students basic magic techniques that will include introductory effects that do not require costly or exotic materials. It will impress upon new minds the beauty of performing magic with everyday, readily available objects. The children will receive a text from which they can further learn and practice simple magic effects they can perform for friends and family.

Day(s)	Time(s)	Date(s)
M - F	10:00 - 11:00am	July 8 - 12

Fee: \$65 + a \$15 materials fee payable to instructor on the 1st day of class
 Location: Mashpee High School Length: 5 days
 Instructor: Marcus the Magician Min/Max: 10/12

The Art of Magic

For boys and girls ages 12 - 15. The class will teach the students basic magic techniques, and expand upon these basics to introduce more advanced effects and sleights with common objects, as each student is ready. Each lesson will include a brief introduction to magic theory and ethics, historic milestones and names in magic, and will cover a wide range of magic, in order to give a solid overview on what is available. The students will receive a text from which they can further learn and practice simple magic effects they can perform for friends and family.

Day(s)	Time(s)	Date(s)
M - F	11:00am - 12:00pm	July 8 - 12

Fee: \$65 + a \$15 materials fee payable to instructor on the 1st day of class
 Location: Mashpee High School Length: 5 days
 Instructor: Marcus the Magician Min/Max: 10/12



PLEASE INCLUDE CODE WHEN REGISTERING YOUR CHILD

Beginner / Advanced Beginner (boys & girls ages 10 - 16)



Focus on developing solid stroke technique, volley, serve, and footwork to progress to rally play.

Code	# of classes	Day(s)	Time(s)	Date(s)
CA	6	M/W/F	3:25 - 4:25pm	July 1 - 12
CB	3	M/W/F	3:25 - 4:25pm	July 15, 17 & 19
CC	6	M/W/F	3:25 - 4:25pm	Aug 5 - 16
CD	6	M/W/F	3:25 - 4:25pm	Aug 19 - 30

Advanced Intermediate / Advanced (boys & girls ages 10 - 16)

Utilize live point drills, advanced intermediate will learn nuances of the game (changing direction of the ball, spins, grips, varied serves & placements) as well as establishing their game style.

Code	# of classes	Day(s)	Time(s)	Date(s)
DA	6	M/W/F	4:40 - 5:40pm	July 1 - 12
DB	3	M/W/F	4:40 - 5:40pm	July 15, 17 & 19
DC	6	M/W/F	4:40 - 5:40pm	Aug 5 - 16
DD	6	M/W/F	4:40 - 5:40pm	Aug 19 - 30

Please bring a racket, water/sports drink, towel, hat, sunglasses and sunscreen.
 Proper footwear and socks required.

Fee: (Three), 1-hour lessons: \$39 or Six, 1-hour lessons: \$79

Location: Quashnet Elementary Courts

Instructor: Kathryn Olson, USPTA Professional 1 (Certified teaching professional)



YOUTH TENNIS

Tennis is a wonderful sport for a lifetime! Getting solid fundamentals as a youngster builds the strokes into our muscle memory, develops footwork that cross trains for all sports, and finely tunes hand/eye coordination.

Tennis Program: USTA endorsed Community Tennis Association for Mashpee & surrounding area.

PLEASE INCLUDE CODE WHEN REGISTERING YOUR CHILD

Instructor: Kathryn Olson, USPTA Professional 1
(certified teaching professional)

Beginner / Advanced Beginner (boys & girls ages 5 - 9)

Creating passionate young players through enthusiastic, dynamic teaching while developing solid stroke fundamentals & footwork.

Code	# of lessons	Day(s)	Time(s)	Date(s)
BA	6	M/W/F	9:40 - 10:40am	July 1 - 12
BB	4	M/T/W/TH	8:30 - 11:30am	Jul 15 - 18
BC	6	M/W/F	9:40 - 10:40am	Aug 5 - 16
BD	6	M/W/F	9:40 - 10:40am	Aug 19 - 30

Intermediate / Advanced (boys & girls ages 8 - 12)

In this class students will work on developing stroke technique, serve, volley and game strategy (singles and doubles) as well as introduction of footwork fundamentals. Lessons and drills will reinforce skills necessary to play competitive tennis.

Code	# of classes	Day(s)	Time(s)	Date(s)
AA	6	M/W/F	8:25 - 9:25am	July 1 - 12
AB	4	M/T/W/Th	8:30 - 11:30am	Jul 15 - 18
AC	6	M/W/F	8:25 - 9:25am	Aug 5 - 16
AD	6	M/W/F	8:25 - 9:25am	Aug 19 - 30

TENNIS CLASS INFO - PLEASE READ

Please bring a racket, water/sports drink, towel, hat, sunglasses and sun-screen. Proper footwear and socks required.



Fee: (Six), 1-hour lessons: \$79 (applies to all sessions except BB & AB)
(Four), 3-hour intensive lessons: \$139 (applies to session BB & AB only)

Location: Quashnet Elementary Courts

Instructor: Kathryn Olson, USPTA Professional 1 (Certified teaching professional)

Elementary Engineering

For students in entering grades 4th - 8th. Using our unique LEGO kits, students will creatively build and modify machines applying basic engineering principles. This is an integrated science and math class. Students will learn a variety of concepts and apply their knowledge about gearing and gear ratios, simple machines, problem solving, and communication skills, through this class. This challenges students to incorporate the traits of an Engineer in a classroom setting. Includes a Culmination Event at the end of class.

Note: students do not get to bring home any of the Lego projects they create.

Please bring a peanut-free snack and a drink.

Day(s)	Time(s)	Date(s)
M - Th	12:30 - 3:30pm	July 15 - 18
Fee: \$129	Location: Mashpee High School	Length: 4 days
Instructor: All About Learning teacher	Min/Max: 12/22	



Jr. Engineering 1

For students entering grades 1st - 3rd. Exploration of simple machines at an entry level are applied and discussed in depth. Provides great hands-on learning and building experiences. Students will creatively build and modify machines through basic engineering skills using our unique LEGO kits and curriculum. Includes rubber band car challenge (time permitting)!!

Note: students do not get to bring home any of the Lego projects they create.

Please bring a peanut free-snack and a drink.

Day(s)	Time(s)	Date(s)
M - Th	9:00 - 12:00pm	July 15 - 18
Fee: \$129	Location: Mashpee High School	Length: 4 days
Instructor: All About Learning teacher	Min/Max: 12/22	

Prospectors Mystery Rock Workshop

For boys and girls ages 6 - 11. You are going to be a Prospector (you know those people who were always looking for gold). In this workshop you will get to excavate for valuable gems, fascinating rocks, and some ancient fossils. All are yours to keep. What hidden wonders will you find? The identities of the 10 specimens found in your Mystery Rock have been kept a secret from you. You will experience the thrill of discovery, much as prospectors did. You will be able to identify each one. Your specimens are in a hard clay material the same as prospectors found. You will have to get them out without breaking or scratching them. That's not that easy. You will get an excavation tool, specimen brush, log book, sorting trays and labels. You will, as a Prospector, record the color, both wet and dry texture, and its ability to float for each of the 10 specimens you dig out. Make an educated guess with our help as to whether each one is a rock, gem, or fossil. See how good you are. You will learn from us the exact name and classification. We give you hands-on science...Prospectors style - fun - educational - exciting!

Note: please bring a peanut-free snack and a drink.

Day(s)	Time(s)	Date(s)
M - F	9:00 - 12:00 pm	Aug 12 - 16
Fee: \$149	Location: Mashpee High School	Length: 5 days
Instructor: Scienstational Workshops teacher	Min: 10/20	

Basket Weaving

For youth entering grades 3 - 6. Learn how to weave your very own basket. The possibilities are endless! You can add beads to embellish your basket or you can leave it the natural color of the reed...They always turn out so impressive! **Note: Please bring a peanut-free snack and a drink.**



Day(s)	Time(s)	Date(s)
W	9:00 - 11:30am	July 10
Fee: \$29	Location: Mashpee High School	Length: 1 class
Instructor: Mrs. Joanne Peterson	Min/Max: 4/10	

Paper Mache



For youth entering grades 2 - 6. Learn the art of paper mache from start to finish. Begin with a newspaper armature and build from there. Make a dragon, a dinosaur, any animal of your choice, a mask or a figure. It can be small to nearly life size! So many fun things to make...let's explore the material.

Note: Please bring a peanut-free snack and a drink.

Day(s)	Time(s)	Date(s)
Th	9:00am - 12:30pm	July 18
Fee: \$35	Location: Mashpee High School	Length: 1 class
Instructor: Mrs. Joanne Peterson	Min/Max: 4/10	

Weaving Creations

For youth entering grades 2 - 6. Learn basic weaving techniques. Weave on a cardboard loom, a straw loom, finger weave, try stick weaving...we can even weave on paper towel tubes! So many ways to weave! Make a purse, a pillow, a scarf, a wall hanging. We can explore this art in so many ways!

Note: Please bring a peanut-free snack and a drink.

Day(s)	Time(s)	Date(s)
T/W/Th	9:00 - 11:00am	Aug 6, 7 & 8
Fee: \$59	Location: Mashpee High School	Length: 3 classes
Instructor: Mrs. Joanne Peterson	Min/Max: 4/10	

Origami Dragon

For children entering grades 1 - 3. Create a paper dragon using Origami techniques for the body and many different folds to complete it. These dragons are so much fun to make and display!

Note: Please bring a peanut-free snack and a drink.

Day(s)	Time(s)	Date(s)
Tues	9:00am - 12:00pm	July 23
Fee: \$29	Location: Mashpee High School	Length: 1 class
Instructor: Mrs. Joanne Peterson	Min/Max: 4/10	

Metal Tooled Suns

For youth entering grades 4 - 6. We will learn the art of metal tooling. Our subject will be a Mexican sun. We will embellish our suns with wire and beads to use as a wall hanging. **Note: Please bring a peanut-free snack and a drink.**

Day(s)	Time(s)	Date(s)
Th	9:00am - 12:00pm	July 25
Fee: \$35	Location: Mashpee High School	Length: 1 class
Instructor: Mrs. Joanne Peterson	Min/Max: 4/10	

BEHN Sarah Behn Basketball Clinic



For boys and girls ages 6 - 12. Sarah Behn Basketball Clinic is returning to Mashpee for the third consecutive summer. Sarah and her staff will provide an opportunity for boys and girls of all skill levels to improve their basketball skills and gain confidence. Players will be divided by gender, age, and ability. The clinic will teach ball handling, passing, rebounding, boxing out, offensive skills, defensive skills and team play. Sarah will personally instruct all participants in her specialty, shooting technique. Skills will be reinforced in game play. To learn more about Sarah, please visit her website at www.behncamp.com. **Every participant will receive a t-shirt.**

Note: clinic is not held in an air conditioned gymnasium. Bring a water bottle.

There will be snacks for sale by the Sarah Behn staff. You may send your child w/ money or they can bring a healthy snack of their choice.

Day(s)	Time(s)	Date(s)
M - F	9:00am - 12:00pm	Jul 22 - 26
Fee: \$149	Location: Mashpee HS Gymnasium	
Instructor: Sarah Behn Coaches		



America's Champs Basketball Clinic

For boys and girls ages 6 - 12.

Skills, Drills & Fun! Instruction includes basic skills: Shooting, Passing, Dribbling, Rebounding, Boxing out, Footwork, Positions, Jump shot, Lay-ups, Foul line shooting, Post play, Offence and Defense, Guard development, Cutting and moving without the ball, Setting a pick and rolling, Rules and more. Each day games will be played so skills can be put in action. Director / Coach Kevin Burns of America's Champs has been coaching youth basketball for over 25 years. What sets America's Champs apart, is their attention to detail to each player. If you are looking for a fundamentally sound program for your child this is it. Sign up early spaces are limited.

Note: Please bring a bottle of water.

Ages	Day(s)	Time(s)	Date(s)
Boys ages 6 - 8	M - F	9:00am - 12:00pm	Aug 5 - 9
Boys ages 9 - 12	M - F	12:30pm - 3:30pm	Aug 5 - 9
Girls ages 6 - 8	M - F	9:00am - 12:00am	Aug 12 - 16
Girls ages 9 - 12	M - F	12:30pm - 3:30pm	Aug 12 - 16
Fee: \$125	Location: Mashpee HS Gymnasium		
Instructor: Kevin Burns, Director, America's Champs Youth Sports			

Youth Sailing Lessons

Ages 9 - 13. Our small group combines both beginner and intermediate levels. Now is the time to think about signing up your son or daughter, grandson or granddaughter. Classes will be taught by a US Sailing Certified Instructor aboard our American Daysailer 15. Each session will consist of classroom instruction and on-the-water drills taught to US Sailing Standards. Red Cross US Sailing Book: "Start Sailing Right" will be provided to each participant.

Please check www.mashpeerec.com for session dates and times.

Length: 4 lessons / session	Location: John's Pond
Fee: \$120	Instructor: TBA



PTUSA YOUTH SOCCER CAMPS

PTUSA has completely redesigned their youth camp options for 2013. Each **Youth Camp** will have an option for everyone, with the built in curriculum to suit that age group's specific needs. A shortened day for the Lil Kickers will ensure that their enthusiasm for the sport is not dampened by the length of the day. Players will step into the next level as the curriculum and challenges move with them. The result is that each camper will leave camp fulfilled.

Little Kickers

Ages 3-5 years

PTUSA works with hundreds of young players throughout the year and offers a fun, high energy introduction to soccer. Our coaches #1 goal is to make sure players build self esteem while falling in love with the game. Small group activities will help players develop a sense of balance, coordination and multi-directional movement. Each player will be encouraged to succeed in a series of high energy activities and stories, designed to stimulate both mentally and physically. Sessions will be 90 minutes.

Soccer Juniors

Ages: 6-9 years

Our Soccer Juniors offers the ideal learning environment for players that have 2 - 3 years experience and want to take their game to the next level. Our curriculum is designed to maximize technical / skill development and encourages players to feel more comfortable with the ball at their feet. The dynamic and energetic training sessions will allow players to enjoy continued success while adding a more competitive playing environment as the week develops. Daily skills competitions will help monitor progress throughout the first 4 days of camp. Our famous World Cup Soccer Festival will end the week, ensuring that all players leave camp having experienced an incredible week of soccer.

Physical & immunization record required.



Skills Academy

Ages: 10-13 years

PTUSA's Skills Academy offers a true blend of competitive training within a positive, fun filled environment. Our #1 focus is skills development, introducing players to new techniques and encouraging them to feel at ease with the ball. Players will be encouraged to challenge themselves daily without losing the focus of fun and sportsmanship. Our Skills Academy generally attracts a diverse level of player. Our Camp Director will ensure that ALL players are playing within an appropriate and competitive training group.

Physical & immunization record required.

Code	Age(s)	Day(s)	Time(s)	Date(s)	Fee
AA	3 - 5	M - F	9-10:30	July 22 - 26	\$85
AB	3 - 5	M - F	10:30-12:00	July 22 - 26	\$85
AC	6 - 9	M - F	9-12:00	July 22 - 26	\$140
AD	6 - 9	M - F	9-3:00	July 22 - 26	\$195
AE	10-13	M - F	9-12:00	July 22 - 26	\$140
AF	10-13	M - F	9-3:00	July 22 - 26	\$195

Necessary equipment: all children (except 3-5 year olds) should wear cleats or sneaker and shin guards.

Location: Heritage Park, Rte. 130, Mashpee Length: 1 Week

Live Like a Princess

For children entering grades K - 2. This class is a fun way for girls to live in the world of a princess. In class the students inner princess can be expressed through a variety of crafts, such as making jewelry boxes, sparkly and pretty necklaces, wands and crowns. Lot of pink, glitter, princess talk and fun! Each class ends with a short princess story!

Note: bring items of your own to add a personal touch...if you chose.

Day(s)	Time(s)	Date(s)
T/W/Th	10:00 - 11:00am	July 23, 24 & 25
Fee: \$45	Location: Mashpee High School, 500 Old Barnstable Rd.	Min/Max: 4/8
Instructor: Candace Sinins		



Fun With Colors!

For children entering grades K - 2. Back to the basics of arts and crafts with colors! Let your child's imagination run wild into the colors of the rainbow. Projects will include: sand art, clay bracelets and creating and decorating their very own flower pot with a real live flower! This is a great way to introduce different crafts to your child.

Day(s)	Time(s)	Date(s)
T/W/Th	10:00 - 11:00am	Aug 13, 14 & 15
Fee: \$45	Location: Mashpee High School, 500 Old Barnstable Rd.	Min/Max: 4/8
Instructor: Candace Sinins		



YOUTH SPORTS & TAE KWON DO

America's Champs Golf Program

For boys and girls ages 6 - 12. Clinic will include, Grip, Stance, Ball Position, Putting, Chipping, Swing, Sand Trap, Rules, Golf Etiquette and on Course Play. Young and old enjoy this great pastime. **Clubs are available if needed.**

Day(s) **Time(s)** **Date(s)**
 M - F 9:00am - Noon July 22 - 26
 Fee: \$150 Location: Falmouth Country Club, 630 Carriage Shop Rd.

Instructor: Kevin Burns, Director, America's Champs Youth Sports



Youth Archery (Beginner & Advanced Beginner)

For boys and girls ages 9 & up. Students will learn the basics of this timeless sport through 'fun drill' (without equipment), and 'skills' (with equipment). The program is based on the National Alliance for the Development of Archery and each student will learn the basics of shooting, safety, and will be able to earn rankings and awards as their skills develop. Instructors are certified.

Session #1	Day(s)	Time(s)	Date(s)
Beginner	T/Th	12:30 - 1:45pm	July 9, 11, 16 & 18
Ad. Beginner	T/Th	2:00 - 3:15pm	July 9, 11, 16 & 18
Session #2	Day(s)	Time(s)	Date(s)
Beginner	T/Th	12:30 - 1:45pm	July 23, 25, 30 & Aug 1
Ad. Beginner	T/Th	2:00 - 3:15pm	July 23, 25, 30 & Aug 1

Fee: \$59 Location: Quashnet School fields
 Instructor: Kate Naples Min/Max: 4/8

Youth Track & Field

For Grades 3 - 8. Your child will learn basic events, techniques, and get timed on the track. Field events will also be introduced. A non-competitive atmosphere where each participant will work to better his/her own skills, time, and distance. Everything will be done as a team and in a fun environment. We will work on conditioning and preparing your child to grow in a team situation.

Day(s) **Time(s)** **Date(s)**
 T / Th 10:00 - 11:30am Jul 9, 11, 16, 18, 23 & 25
 Fee: \$79 Location: MHS Track Length: 6 sessions, 3 weeks
 Instructor: Ms. Kate Naples Min/Max: 5/12



Sports Squirts

For boys and girls ages 3 - 6. The US Sports Institute Sports Squirts program is a great way to introduce children aged 3-6 to a variety of sports such as Soccer, T-ball, Basketball and Lacrosse all taking place in a safe, structured environment to ensure learning. Activities are designed to evoke a child's imagination in which they can Find Nemo, send Shrek into a spin or capture Jellyfish with Sponge Bob Square Pants. All activities promote hand-eye coordination, movement and balance and most importantly Fun, Fun, Fun. All campers will receive a USSI Tee-shirt and a certificate. **Please bring a water or sports drink.**

Age	Day(s)	Time(s)	Date(s)	Fee
3 & 4	M - F	3:30 - 4:30pm	Jul 29 - Aug 2	\$69
5 & 6	M - F	3:30 - 4:30pm	Jul 29 - Aug 2	\$69

Location: Heritage Park, Rte. 130, Mashpee
 Instructor: US Sports Institute Length: 5 sessions

Youth Karate - Mashpee Tae Kwon Do

For boys and girls ages 5 - up. 6 Degree Black Belt Master Instructor Mike Kidwell has been teaching for 30+ years. Tae Kwon Do is a Korean martial art which is characterized by its fast, high and spinning kicks. At Mashpee Tae Kwon Do your child will improve a lot more than just kicks! With positive reinforcement all students are taught to build: self-esteem, confidence, discipline and a positive attitude.



Introductory Offer: Try a class on June 12 or July 31, no obligation.

Dates:

June 12, 19, 26, July 3, 10 & 17 (6 sessions) (July 24th will be used as a rain day make-up if necessary) **Code AA** - 5 & 6 years old / **Code BA** - 7 years and up

July 31, Aug 7, 14, 21, 28 & Sept 4 (6 sessions) (Sept. 11th will be used as a rain day make-up if necessary) **Code AB** - 5 & 6 years old / **Code BA** - 7 years and up

Fee: \$60.00 ages 5 - 6, class held on Wednesdays from 5:00 - 5:30pm

Fee: \$75.00 ages 7 and up, class held on Wednesdays from 5:45-6:30pm

\$10.00 discount for siblings

Location: Heritage Park, near Tiger Long Playground, 524 Main St.

Instructor: Mike Kidwell, 6 Degree Black Belt Master Instructor

For questions call Mike at (508) 540-0082